

## **QUBGP Team Away Day:**

# **Nurturing a progressive 5-year GP Curriculum**

Fermanagh — 30 January 2026



## QUBGP Team

**Prof Helen Reid** — Associate Director for General Practice and Primary Care

**Ms Eveline Burns** — GP Admin Lead

**Dr Grainne Kearney** — Academic Lead for GP1 (People and Health) and GP2 (People and General Practice)

**Dr Nick Gardner** — Academic Lead for GP3 (Foundations of Generalism)

**Dr Davina Carr** — Academic Lead for GP4 (Practising Generalism)

**Dr Miriam Dolan** — Academic Lead for GP5 (Professional Practice)



(Left to right: MD, HR, EB, GK, NG, DC)

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## Activity 1: Revisiting and refining our Vision, Mission and Values

### Vision

*The future we're working toward:*

To shape a future where general practice education inspires confident, compassionate clinicians who lead with integrity, value diverse perspectives, and make a lasting, positive impact in the communities they serve.

### Mission

*What we do now:*

We cultivate a hopeful, inclusive learning environment through a shared commitment to excellence in education and care.

### Values

*Underpinning our work and interactions:*

**Hope & Flourishing** – We believe in the potential of every individual and create spaces where growth thrives.

**Relationship & Team Focus** – We build strong, supportive connections that empower collective success.

**Responsiveness & Encouragement** – We listen, adapt, and uplift with empathy and purpose.

**Curiosity & Courage** – We explore boldly and challenge constructively to advance learning and care.

**Humility & Integrity** – We lead with honesty, openness, and a commitment to doing what's right.

**Inclusiveness & Excellence** – We celebrate diversity and strive for the highest standards in all we do.

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## Activity 2: Why General Practice Matters in the Undergraduate Curriculum

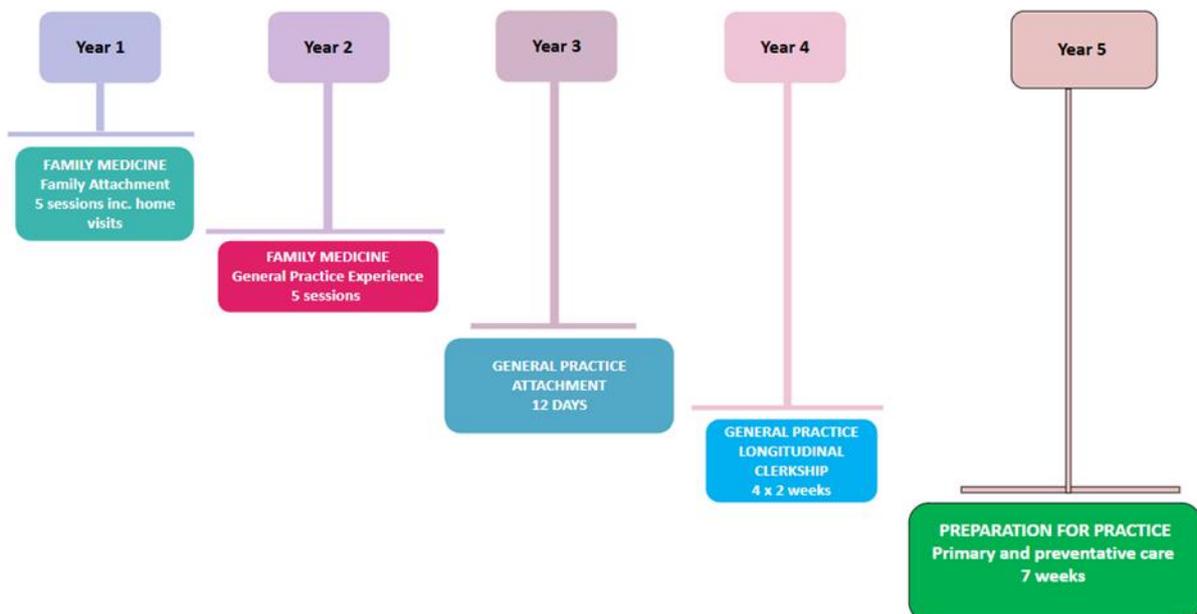
- GP underpins the NHS and provides the majority of patient contacts
  - GP offers unparalleled exposure to continuity, complexity, multimorbidity, undifferentiated illness, and community based care
  - GP helps students develop core professional skills: communication, decision-making alongside uncertainty, holistic care, and patient-centredness.
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## Activity 3: Mapping ‘[Teaching General Practice](#)’ (RCGP/SAPC, 2021) Themes and Principles across the five-year- QUB programme

We reviewed and refined our 2024 working document. We agreed that all themes can be encountered across all years, but that setting specific curricular objectives for each year remains valuable. We value progression and increasing sophistication as students move through the programme.

Each principle is explained in detail in the online textbook [Learning General Practice](#) and demonstrated in practice in the video resource *Virtual Primary Care*.

We discussed and agreed a logical progression of ‘names’ for our courses across the years.



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## **GP1 — People and Health (Academic Lead Dr Grainne Kearney)**

### **Theme 1: Person Centred Care**

- 1B. Holistic care (the biopsychosocial model)

### **Theme 2: Population Centred Care**

- 2A. The social determinants of health
- 2F. Medical ethics

*Scholarship in General Practice broadly covered within “We Are General Practice” session.*

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## **GP2 — People and General Practice (Academic Lead Dr Grainne Kearney)**

### **Theme 1: Person Centred Care**

- 1B. Holistic care (the biopsychosocial model)

### **Theme 2: Population Centred Care**

- 2D. Information technology
- 2E. Teamwork and leadership
- 2F. Medical ethics

### **Theme 3: Effective Delivery of Care**

- 3B. The history of UK general practice
- 3C. The current structure of UK general practice
- 3D. The funding of UK general practice
- 3E. The role of general practice in other countries

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## **GP3 — Foundations of Generalism (Academic Lead Dr Nick Gardner)**

### **Theme 1: Person Centred Care**

- 1A. The generalist clinical method
- 1B. Holistic care (the biopsychosocial model)
- 1D. Continuity of care

### **Theme 2: Population Centred Care**

- 2B. Preventing disease and promoting health
- 2D. Information technology
- 2E. Teamwork and leadership
- 2F. Medical ethics

### **Theme 3: Effective Delivery of Care**

- 3A. The generalist approach
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## **GP4 — Practising Generalism (Academic Lead Dr Davina Carr)**

### **Theme 1: Person Centred Care**

- 1B. Holistic care (the biopsychosocial model)
- 1C. The doctor–patient relationship
- 1D. Continuity of care
- 1E. Long-term conditions
- 1F. Emergency conditions
- 1G. Multimorbidity and complexity

### **Theme 2: Population Centred Care**

- 2A. The social determinants of health
- 2B. Preventing disease and promoting health
- 2E. Teamwork and leadership
- 2F. Medical ethics

### **Theme 3: Effective Delivery of Care**

- 3A. The generalist approach

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## **GP5 — Professional Practice (Academic Lead Dr Miriam Dolan)**

### **Theme 1: Person Centred Care**

- 1B. Holistic care (the biopsychosocial model)
- 1C. The doctor–patient relationship
- 1D. Continuity of care
- 1E. Long-term conditions
- 1F. Emergency conditions
- 1G. Multimorbidity and complexity

### **Theme 2: Population Centred Care**

- 2B. Preventing disease and promoting health
- 2C. Quality of care
- 2D. Information technology
- 2E. Teamwork and leadership
- 2F. Medical ethics

### **Theme 3: Effective Delivery of Care**

- 3A. The generalist approach
- 3F. Sustainable healthcare

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#### Activity 4: Introduction to and tour of Dolan's Social Farm

We are privileged that Miriam, our GP5 Lead, lives and works—alongside her husband Malachy and family—on a truly beautiful social farm in Fermanagh: [Dolan's Social Farm](#).

Miriam and Malachy kindly hosted our Away Day, and we took the opportunity for a farm tour (boots essential!) to learn about the values and work that take place in this remarkable setting.



